

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 66 years in the making.



HEEL & TOE

February 4th 2021

Olympics will go ahead this summer “however the coronavirus evolves”

The postponed Olympics will go ahead this summer “however the coronavirus evolves”, Tokyo 2020 president Yoshiro Mori said yesterday, brushing aside doubts about the event. “We’ll certainly go ahead however the coronavirus (pandemic) evolves,” he told a meeting of Olympic organisers and members of Japan’s ruling party in Tokyo.

“We must go beyond discussion about whether we will hold it or not. It’s about how we will do it. Let’s think a Olympic Games will go ahead about a new kind of Olympics on this occasion,” he added. The comments come with organisers and government officials insisting the Games can be held safely despite surging Covid-19 infections around the world, including in Japan.

Japan’s Prime Minister Yoshihide Suga was expected to announce a month-long extension of a virus state of emergency later on yesterday — meaning the measure will run until March 7 in Tighter border restrictions imposed after infections surged have already forced the postponement of some sporting fixtures including this year’s first Olympic test event, an artistic swimming qualifier that was scheduled for March.

The nationwide Olympic torch relay is still due to begin on March 25.

Today, organisers are expected to outline further details of the extensive coronavirus countermeasures they have devised for the 2020 Games, which were pushed back to 2021 last March as the virus spread around the globe.

But public opinion appears opposed to holding the Games this year, with 80 percent of Japanese people asked in a January survey backing either further postponement or a cancellation.

Tokyo and several other parts of the country.

Organisers have said neither of those options are on the table, and have received strong support from both the International Olympic Committee and athletes around the world. AFP.

Tokyo Olympics face another looming headache - no medical staff

By Sakura Murakami

TOKYO (Reuters) - Japanese doctors and nurses fighting the novel coronavirus will not have the time to volunteer to help at the Olympics, a medical association has said, raising another headache for organisers determined to hold the postponed Games.

The director of the Tokyo Medical Association, which represents 20,000 doctors from dozens of smaller medical groups, said doctors and nurses were under too much strain dealing with a third wave of the pandemic to even consider signing up for the Olympics.

“No matter how I look at it, it’s impossible,” said Satoru Arai, whose association was asked by both the Tokyo Olympic Organising Committee and the Tokyo Metropolitan Government last March to secure more than 3,500 medical staff for the event.

“I’m hearing doctors who initially signed up to volunteer say there’s no way they can take time off to help when their hospitals are completely overwhelmed,” Arai told Reuters this week, adding that he could not bring himself to push for volunteers at such a critical time.

The Games had to be postponed from last July and August as the coronavirus spread around the world and are now scheduled for July 23-Aug. 8. But persistent clusters of infections in Japan have raised questions about the feasibility of holding the Games this year and eroded support for the extravaganza among a public nervous about athletes and spectators bringing in new cases.

New infections in Japan rose to new highs in early January, triggering a state of emergency in Tokyo and some other areas. The government extended the emergency in most of those places on Tuesday.

Japan has fared better than some other countries in the struggle against the virus. It has had 390,000 cases and 5,794 deaths.

As of last Wednesday, 73% of beds available in Tokyo for COVID-19 patients were full, with 2,933 people.

QRWC Judging Seminar Brisbane Saturday February 20th

Date: Saturday 20 February 2021

Venue: Queensland Sports and Athletics Centre

Sprinters Room, Level 4, Western Grandstand

Kessels Road, Nathan

The seminar is open to anyone interested in becoming a qualified Race Walk Judge, existing judges to upgrade and refresh their qualifications or to anyone who just wants to learn about the rules of Race Walking and how they should be applied.

The seminar is to both prepare for professional development as well as enabling current judges to undertake the current Athletics Australia Racewalk Judging exams.

The seminar will be presented by Zoë Eastwood-Bryson, World Athletics International Race-Walking Judge.

AGENDA

8:45am Registration

9:00am General seminar, all aspects of Race Walk Judging and associated rules.

11:00am Break

11:15am Completing paperwork. Red Cards, Judges Record Sheet, Summary Sheet

12:00 noon Lunch

12:30am Video presentation: Judging Knees

2:00pm Close

3:00pm QA Shield Meet 3/5km walk

Numbers are limited to the size of the venue so register now to avoid disappointment. A COVID Safe plan will be in place so we will be unable to accept unregistered attendees on the day.

If you would like a registration form for the seminar email peter.bennett@live.com

Results Results Results

Melbourne 10,000 metre Track Walk

AA Report

Personal bests were flowing at the SuperNova 5ish 10,000m Track Walk – with Australia's best walkers in prime form ahead of the Australian 20km Championships in February.

For the women, Jemima Montag's (Brent Vallance) time of 42:35.0 was the fastest ever walked on Australian soil over the distance, which would have secured the Australian all-comers record and moved her into second place on the Australian all-time rankings had the time been ratified. The walk comes as a significant personal best for Montag – who appears ready to grasp her opportunities on the world stage in 2021.

Katie Hayward (Steve Langley) was next for the women in 44:22.0, ahead of Bec Henderson (Simon Baker) with a personal best of 45:20.0, and Alana Peart (Wayne Pert) who clocked 48:36.0.

The mixed race was taken out by Rhydian Cowley (Brent Vallance) in a swift time of 39:14.0, with the Australian star challenged valiantly by Declan Tingay (Steven Tingay) who finished in second place in a time of 39:17.37. Kyle Swan (Brent Vallance) was third when clocking 40:28.0.

In fourth place was young gun Will Thompson (Brent Vallance), storming his way home to obliterate the World Junior standard when walking a time of 41:50.0 in a convincing display from the promising prospect.

Athletics Australia 10,000metres Track Walk

1. Rhydian Cowley 1991 VIC 39:14.6
2. Declan Tingay 1999 WA 39:17.4
3. Kyle Swan 1999 VIC 40:28.5
4. Will Thompson (U20) 2002 VIC 41:50.5
5. Jemima Montag 1998 VIC 42:35.2
6. Mitchell Baker 2001 ACT 43:06.3
7. Tim Fraser 2000 ACT 43:09.4
8. Tristan Camilleri 2001 SA 43:33.6
9. Corey Dickson 2002 VIC 43:37.2
10. Quentin Rew 1984 NZ 44:08.9
11. Katie Hayward 2000 QLD 44:22.4
12. Bec Henderson 2001 VIC 45:20.9
13. Alanna Peart (U20) 2003 VIC 48:36.4

Queensland Masters Athletics

January 30th QSAC

3,000 Metre Race Walk

Kirwin, Roslyn W32 21:57.85 (21:57.86 52.74%)
Gannon, Brenda W46 17:24.24 (16:05.93 71.95%)
Woodward, Erika W54 17:51.44 (15:50.91 73.09%)
Stuckey, Jennifer W55 20:43.42 (17:34.67 65.90%)
Bennett, Peter M65 17:16.81 (13:05.39 80.40%)
McKinven, Noela W78 25:27.09 (16:48.19 68.94%)

Age Graded Times & Percentages in Brackets

Gold Coast Masters Athletics

January 31st Runaway Bay

3,000 metres

Patrick Sela M80 27.06.38

1,500 metres

Ashlee Teasel W11 12.00.05

This Week

This weekend Qld Masters are on the track at SAC on both days. On Saturday at 9.00am is a 1,500 metres race and on Sunday at 8.15am there is a 3,500 metres walk.

On Sunday the Gold Coast Masters Championships are on at the Runaway Bay track with a 7.30am start for the 5,000 metres /and at 10.30am there is the 1,500 metres.

Next Wednesday, February 10th QA has a Mid-Week Meet at QSAC with a 6.00pm start for the 3/5km walk

QMA COVID-19 CONTACT TRACING. New registration requirement. The Queensland Government has mandated that from 24th December 2020, all persons attending an event or venue must register their details **electronically** for contact tracing purposes. This means that at the **QMA Brisbane competitions at the SAF track**, there will no longer be lists at the gate for you to tick off.

The following procedures will be implemented:

- All members intending to compete are encouraged to enter and pay on-line, following the usual link from the website. That is all you will need to do.
- Members who want to enter on the day, visitors intending to compete, officials, volunteers and spectators have two alternatives:
 - o You can register on-line ahead of the competition following the link from the website, or
 - o You can scan the QR code at the gate and enter your required details.

Then those intending to compete go ahead and lodge their entry using the pink and blue forms as usual.

NOTE: If you have an iPhone, you can scan the QR code using the photo app, or if you have an android phone, you will need to have a QR code scanning app installed. If you don't have a phone, try to come with a friend who has one as they will be able to register you. It is the responsibility of all attendees to register their correct details appropriately.

COMING UP – Track & Road Walks

February 6th QMA SAC 9.00am 1,500 metres

February 7th QMA SAC 8.15am 3,500 metres

February 7th QMA Gold Coast Championships Runaway Bay 7.30am 5,000 metres / 10.30am 1,500 metres

February 10th QA Mid-Week Meet QSAC 6.00pm 3/5km Walk

February 14th AA 20km Championships SA

February 20th QMA SAC 8.00am 3,000 metres

February 20th QA Shield Meet QSAC 3.00pm 3/5km Walk / Judging Seminar

February 21st QMA Runaway Bay TBA

February 24th QMA Wednesday night SAC 8.20pm 3,000 metres

March 1-14th QA State Age & Open Track Championships

March 27th AA 50km Championships Vic

April 12-21st AA Track & Field Championships

April 23-24th Australian Little Athletics Championships Vic

Queensland Athletics State T&F Championships 2021 March 11-14th

QA have announced that the Queensland Athletics State Championships, U14 to Open will be held on the 11th to 14th March 2021. The 2021 Queensland Track Classic will be a World Athletics Silver Permit Meet and will be held on the evening of Saturday the 27th March. The Australian Athletics Championships will be held in Sydney starting on April 12th.

No further information available at this time.

Racewalking Queensland Management Committee 2020/21

As elected AGM November 21st

Congratulations to the newly elected Management Committee that will take us through until the 2021 AGM scheduled for April.

President: S. Pearson

Vice President: P Bennett

Secretary: N. McKinven

Treasurer: R Hamann

Committee: I. Jimenez, S. Langley, T. Norton, J Stuckey

Patrons: Patrick & Maxine Sela

Registrar: T Norton

Uniforms: J Stuckey

Newsletter Editor: P. Bennett

Club Captains: Jasmine-Rose McRoberts / Ignacio Jimenez

QA Membership Details South Qld 2020/21 Season

Base Membership - \$12 plus club fee

During the pandemic we are offering pay-as-you-go membership:

All Shield meets - \$25 per meet

All State Championships* - \$30 per event

Eligible for in-stadium** state teams & national teams - \$100 fee

Eligible for all out of stadia*** state teams & national teams

Qrun - \$12 (access to Qld Athletics distance events only (800m up))

Club Coach, Officials & Volunteers - \$0

If you need clarification on any aspect of membership and benefits please email

info@qldathletics.org.au

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad there are a number of qualified coaches in the club:

David Smith Walks Level 5

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 2

To search for a walks coach, see their qualifications, contact details or where & when the coach go to ; <http://icoach.athletics.com.au/at/icoach/Search.aspx>

Racewalking Queensland

(Trading as the *Queensland Race Walking Club Inc.* ABN 59065512712)

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QRWC Website: www.qrwc.com.au

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this

policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

QRWC race entries qrwc1955@icloud.com

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>